



Conference Agenda

February 6-8, 2008

2008 Winter Regional Meeting
Ottawa, Ontario.



Wednesday, February 6, 2008

2:00 pm – 4:45 pm	<p>Delegates Arrive / Registration</p> <p>* For Shuttle bus info departing from the airport to the Lord Elgin Hotel Go to: www.Yowshuttle.com for more info.</p>
4:45 pm - 5:00 pm	<p>Group Departs</p> <p>Location: Main lobby meet up and depart to Bakers Grill, Carleton University, 1125 Colonel By Drive, Ottawa. ON. Transportation provided</p>
5:30 pm – 7:30 pm	<p>Welcome Reception</p> <p>Location: Baker's Grille, University Centre. Carleton University. Dinner Sponsored by</p> 
7:30 pm – 8:00 pm	<p>O- Train Ride</p> <p>Join us for the shortest train ride ever! Location: departing Carleton University and traveling to Carling stop. Depart O-train station and a quick walk down Preston St. Please dress for the weather!</p>
8:30- 10:30 pm	<p>Absolute Comedy Club</p> <p>Absolute Comedy Club 412 Preston Street, Ottawa. 613-233-8000 http://www.absolutecomedy.ca/</p>
10:40 pm- 11:00 pm	<p>Depart back to Lord Elgin</p> <p>Preston Street to Elgin Street- Transportation will be provided immediately following the show. Lord Elgin Hotel 100 Elgin Street, Ottawa, ON.</p>
11:00 pm – 12:00 am	<p>Night Cap</p> <p>Join us for a drink and social time. Location: The Lord Elgin Hotel (Suite number to be announced)</p>





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Thursday, February 7, 2008

7:30 am – 8:30 am	<p align="center">Breakfast Location : Lord Elgin Hotel, room TBD</p>
8:30 am – 10:30 am	<p align="center">Keynote Address: Cindy Taylor Score SENSational Meetings! Location : MacDonald Room, Lord Elgin Hotel</p>
10:30 am – 10:45 am	<p align="center">Morning Nutrition Break Location : Lord Elgin Hotel, room TBD</p>
10:45 am - 12:00 pm	<p align="center">Session: Natalie Sasseville Hiring, Training and Retaining your Millennials Location : MacDonald Room, Lord Elgin Hotel</p>
12:00 pm – 1:00 pm	<p align="center">Lunch Break Location : Lord Elgin Hotel, room TBD</p>
1:00 pm – 2:00 pm	<p align="center">Session To be announced : MacDonald Room, Lord Elgin Hotel</p>
2:00 pm – 3:00 pm	<p align="center">Session To be announced : MacDonald Room, Lord Elgin Hotel</p>
3:00 pm – 3:30 pm	<p align="center">Afternoon Nutrition Break Location : Lord Elgin Hotel, room TBD</p>
3:30 pm – 5:00 pm	<p align="center">Free Time to Explore <i>Downtown Ottawa, the Rideau Centre, Byward market, Skate on the Canal or take a nap!</i></p>
5:00 pm – 6:00 pm	<p align="center">Pre-Game “Show” Join us for some pre-game munchies and beverages Location : Lord Elgin Hotel, Suite number to be announced</p>
6:00 pm – 11:30 pm	<p align="center">Ottawa Senators Vs Florida Panthers Game, Scotiabank Place Depart for Bus at 6:00 pm. Vouchers for dinner at Scotiabank Place will be provided This Event is sponsored by:</p> <p align="center">  </p>
8:30 pm – 11:30 pm	<p align="center">Bus Departs Scotiabank Place Depart for Bus immediately following the game</p>
11:30 pm - Midnight	<p align="center">Post Game “Show” Join us for some post game munchies and beverages Location : Lord Elgin Hotel, Suite number to be announced</p>



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Friday, February 8, 2008

8:00 am – 9:00 am	Breakfast Location : Lord Elgin Hotel, room TBD
9:00 am – 10:30 am	Speaker Location : MacDonald Room, Lord Elgin Hotel
10:30 am - 10:45 am	Morning Nutrition Break Location : Lord Elgin Hotel, room TBD
10:45 am – 12:00 pm	Central Region Annual General Meeting Location : MacDonald Room, Lord Elgin Hotel
12:00 pm – 12:30 pm	Box Lunches Location : MacDonald Room, Lord Elgin Hotel
1:00 pm – 5:30 pm	Depart for Home Have a safe trip home!



